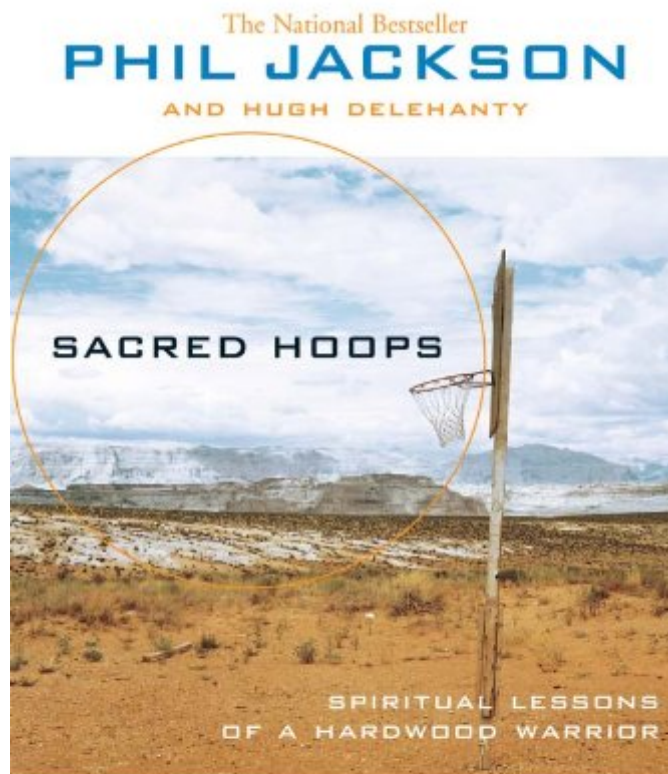


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# Sacred Hoops: Spiritual Lessons Of A Hardwood Warrior



*"Sacred Hoops is as deep and clear and pure an expression of the power of mindfulness and compassion in action as any I have ever encountered."*

—Jon Kabat-Zinn,  
author of *Wherever You Go, There You Are*

WITH A NEW INTRODUCTION BY THE AUTHOR



## Synopsis

With a new introduction, Phil Jackson's modern classic of motivation, teamwork, and Zen insight is updated for a whole new readership "Not only is there more to life than basketball, there's a lot more to basketball than basketball." --Phil Jackson Eleven years ago, when Phil Jackson first wrote these words in *Sacred Hoops*, he was the triumphant head coach of the Chicago Bulls, known for his Zen approach to the game. He hadn't yet moved to the Los Angeles Lakers, with whom he would bring his total to an astounding nine NBA titles. In his thought-provoking memoir, he revealed how he directs his players to act with a clear mind--not thinking, just doing; to respect the enemy and be aggressive without anger or violence; to live in the moment and stay calmly focused in the midst of chaos; to put the "me" in service of the "we"--all lessons applicable to any person's life, not just a professional basketball player's. This inspiring book went on to sell more than 400,000 copies. In his new introduction, Jackson explains how the concepts in *Sacred Hoops* are relevant to the issues facing his current team--and today's reader.

## Book Information

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## Customer Reviews

I have always been a huge fan of basketball, especially the Chicago Bulls. Being from Chicago I

have always been a fan and the highlights and stories I've seen are just amazing. I am also a big fan of Phil Jackson, so I decided to read the book he wrote when he was a coach for the Bulls, "Sacred Hoops". Once I started; I just couldn't stop until I got to the end. "Sacred Hoops" is more than just a book about basketball, it's a book about life lessons that Phil Jackson has learned during the years he spent coaching the Bulls. Although there are a lot of great spiritual lessons in the book anyone who reads it cannot help but be intrigued about the basketball part. Phil Jackson was a part of the Chicago Bulls organization while it was going through one of the greatest runs in all of NBA basketball. Between the years of 1990 and 1993, the Bulls won three straight NBA championship titles, making their mark in the basketball world forever. As many people know, this was the time that Michael Jordan was on the team and helped carry the team to the championship. The summer after the last championship, Jordan announced his retirement from the basketball world and shocked everyone. One year later, Jordan decided to come back to the league and from 1996 to 1998 the bulls made a run for another 3-peat. Some argue that the Bulls became the best team ever in basketball. But, the team was nothing without a great coach. Although winning was very important to Phil Jackson, he knew there were a lot more important things too. He took a lot of the knowledge he from his studies of different religions such as Buddhism, and incorporated them into the way he coached his teams.

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